



Bedouin Paths
 Bedouin Camp
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Trek from Katherine to Seil Abu Maturah (Desert hike)



Day 1: Katherine

You arrive at the Sinai town of Katherine after being picked up at the Airport or Bus station. You then spend the first night at the Bedouin Camp where you will dine on the local Bedouin food. Sleep well because the following day we start our hike.

Day2: Wadi El Arbain to Wadi Sdud

Wadi El Arbain: We will start where Moses went walkabout for 40 days, and spot the rocks where there is a sign of Moses firing sticks at the rocks. We will also see the Monastery of the 40 martyrs.

Kinest El Ahmar: Here there is the old church of El Ahmar. El Ahmar meaning "donkey" in Arabic.



Farsh Safsafa: A beautiful monastery garden with a small church. There is a permanent well here, which the Bedouin get their water from.

Farsh Loza: Known for its small ancient church with a twisted almond tree in the gardens. We lunch here. From here you can go to another basin with a church, next to it is an ancient dam which closes off the valley (this was for two purposes: firstly to retain water and secondly to save the monastery from flash floods). A bit further up on a cliff there are the remains of another church, from here you'll have a beautiful view of the monastery. And here we have lunch.

Jebel Musa: Now we climb up Mount Sinai, where Moses brought down the 10 commandments. Climb either via the camel route or by the stairs. The stairs have better views of passing churches but you will have more people coming down past you. Take your pick. The views are simply stunning.

Wadi Sdud: Here we walk through a delightful wadi before turning towards the Blue Mountains. And here also we rest for the first night in the mountains. Enjoy the camp fire and food.

Distance: 9 hours walking, 12 Km





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Day 3: Jebel El Mlauan - Noamis

Jebel El Mlauan: These are the blue mountains; made so by a Belgian artist to celebrate peace with Israel. From the air, the blue makes out the shape of a pigeon, known as the pigeon of peace. And here we have a peaceful lunch.

Noamis: There is an old Byzantine house here with rock circles to defend against animals. Fortunately we will all be quite safe; especially since we will be sleeping here for the night.

Distance: 7 to 8 hours walking, 13 Km



Day 4: Canyon Eshgarar to Zigzag Canyon

Canyon Eshgarar: We now start to follow the journey of the Moses trek to Israel, where they spent 40 years in the desert. Known as the lost hills (for obvious reasons) – where you can find the crystals for luck.

Quartz Mountain (Jebel El Gunna): Great view of Katreen here, gaze down from where we left some 2 days before.



El Lega: We stop here both to have lunch and determine whether it was here that Moses saw the burning bush (others think it was in the St Catherine's monastery compound).

Zigzag Canyon: Interesting hike following the zigzag canyon, so called because it is shaped in a zigzag manner. After getting slightly dizzy, we rest here for the night and recuperate.

Distance: - hours walking, 16 Km

Day 5: Arada Canyon and Abu Shuareb ("lips")

Arada Canyon: We kick off with the Arada canyon, a double canyon where ropes are used at times to scramble over the rocks. Once done we sit down and have lunch.

Abu Shuareb ("lips"): Shureb is "lips" in Arabic and there is a settlement of huts here and a great place to see the sunset. After sunset we have dinner and sleep for the night.

Distance: 7 hours walking, 10 Km



Day 6: Wadi Saal Oasis and Abu Maturah



Wadi Saal Oasis: This is the best oasis in Sinai, an area of acacia trees and Bedouins dwellings and animals such as the hyrax and deer. We have lunch while deer spotting.

Abu Maturah: We now gaze at the beautiful colours of the surrounding rocks and sands. We go to sleep here dreaming of the colours.

Distance: 8 hours walking, 13 Km



Trek from Katherine to Seil Abu Maturah (Desert hike) Part 3

Day 7: Seil Abu Maturah

A pleasant mornings hike (or camel ride if you feel sore) and we arrive here for a relaxing lunch.

Return from here by Jeep for an evening of hot showers, cold beers and a Bedouin feast and music.

